

Physical Education

Calendar of Activities: Grades K-2

Date	Activity	Cycles
8/31-9/12	Cooperative Games / Movement & Body Awareness	2
9/13-9/22	Kicking, Punting, Trapping, Foot-Dribbling, etc.	2
9/23-9/28	Hand-Dribbling, Bouncing, Catching, etc.	1
9/29-10/4	Parachute Activities	1
10/5-10/11	Physical Fitness (<i>Jog-a-Thon 10/7</i>)	1
10/12-10/21	Scooter Activities	2
10/24-10/27	Physical Fitness	1
<i>10/28-10/31</i>	<i>Just Dance</i>	<i>AB Days</i>
11/1-12/2	Educational Gymnastics: Whittle Apparatus	5
<i>12/5</i>	<i>Just Dance</i>	<i>C Day</i>
12/6-12/21	Throwing, Rolling, Catching, etc.	3
12/22-12/23	Throwing & Catching (scoops, frisbees, etc.)	0.5
1/3-1/12	Hand-Dribbling, Bouncing, Catching, etc.	2
1/13-1/25	Volleying (bouncing, catching, etc.)	2
1/26-1/31	Striking (with hands, feet, paddles, etc.)	1
2/1-2/16	Jumping & Landing; Jump Rope	3
2/22-3/3	Striking (with paddles)	2
3/6-3/9	Throwing, Rolling, Catching, etc.	1
3/10-3/14	Striking (floor hockey skills)	BCD Days
<i>3/15</i>	<i>Just Dance</i>	<i>A Day</i>
3/16-4/6	Educational Gymnastics: Whittle, Wall, Net	4
<i>4/7-4/18</i>	<i>Just Dance</i>	<i>BCD Days</i>
4/19-4/25	Hip-Hop Dance	1.25
4/26-5/3	Throwing & Catching (scoops, frisbees, etc.)	1.5
5/4-5/9	Striking (longer implements: paddles, bats, etc.)	1
5/10-5/25	Field Day Preparation	3
<i>5/26</i>	<i>Field Day</i>	<i>D Day</i>
5/30-6/2	Circus Skills	1
6/5-6/8	Manipulatives: Using Hands and/or Feet	1
6/9-6/12	Cooperative Games / Movement & Body Awareness	AB Days

Calendar is subject to change